Hand disinfection - A key issue

Rub palm to palm, additionally rub the wrists





Rub the closed fingertips of the right hand on the left palmusing a circular motion – and vice versa

Run right palm over the back of the left hand – and vice versa





Rub palm to palm with interlaced spread fingers

Rub the backs of the interlocked fingers on the opposing palms





Rub the right thumb in the closed palm of the left hand using a circular motion – and vice versa

source: www.schuelke.com